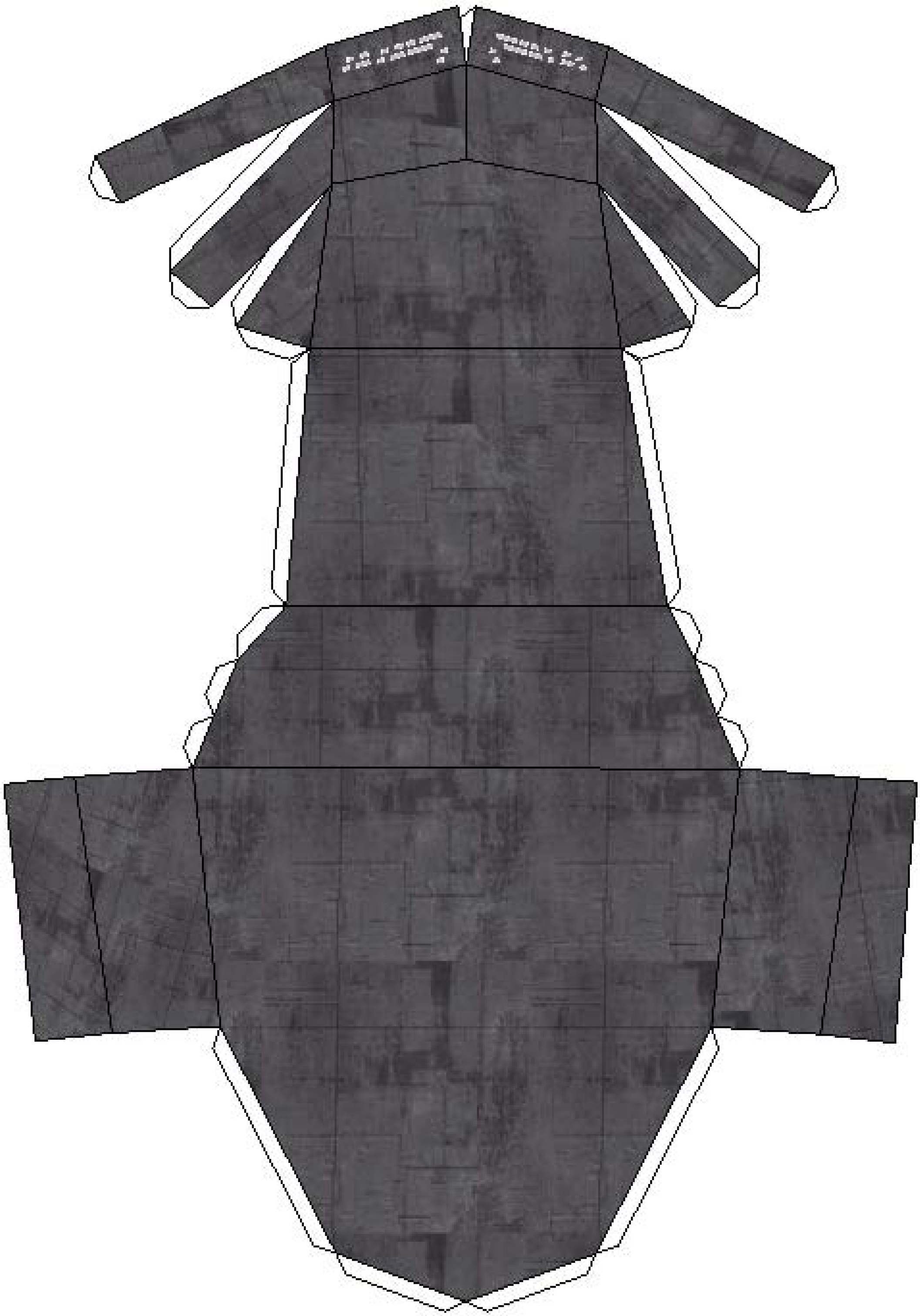NOSE LOWER